



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Dr. Müller, Carola

Club: LTV Erfurt

Number: 136

Course: 15.00 km

15 km-Lauf

Category:

Frauen W40

Total time: 1:28:13

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 47 (of 76)

Rank in course/Women: 3 (of 11)

Best time in course: 1:21:57

Rank in category: 1(of 4)

Best time in the category: 1:28:13