



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Stasulewitz, Ingo

Club: Gotha
Number: 120

Course: 15.00 km
15 km-Lauf

Category:
Männer M45

Total time: 1:29:16

Speed: 10.08 km/h
Running performance: 5:57 min/km

Rank in course/Total: 48 (of 76)

Rank in course/Men: 45 (of 65)

Best time in course: 1:03:24

Rank in category: 13(of 16)

Best time in the category: 1:13:28