



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Pohl, Günther

Club: LTV Erfurt

Number: 102

Course: 15.00 km

15 km-Lauf

Category:

Männer M70

Total time: 1:30:15

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 50 (of 76)

Rank in course/Men: 47 (of 65)

Best time in course: 1:03:24

Rank in category: 2(of 3)

Best time in the category: 1:24:25