



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla

Number: 124

Course: 15.00 km

15 km-Lauf

Category:

Männer M60

Total time: 1:30:52

Speed: 9.90 km/h

Running performance: 6:04 min/km

Rank in course/Total: 54 (of 76)

Rank in course/Men: 51 (of 65)

Best time in course: 1:03:24

Rank in category: 2(of 5)

Best time in the category: 1:27:50