



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Stirtzel, Anke

Club: Wintersport Tambach-D.

Number: 69

Course: 15.00 km

15 km-Lauf

Category:

Frauen W40

Total time: 1:33:28

Speed: 9.63 km/h

Running performance: 6:14 min/km

Rank in course/Total: 58 (of 76)

Rank in course/Women: 5 (of 11)

Best time in course: 1:21:57

Rank in category: 2(of 4)

Best time in the category: 1:28:13