



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Mascher, Konstanze

Club: sc-impuls Erfurt

Number: 93

Course: 15.00 km

15 km-Lauf

Category:

Frauen W40

Total time: 1:34:37

Speed: 9.51 km/h

Running performance: 6:19 min/km

Rank in course/Total: 60 (of 76)

Rank in course/Women: 6 (of 11)

Best time in course: 1:21:57

Rank in category: 3(of 4)

Best time in the category: 1:28:13