



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Schmidt, Heiko

Club: Triptis

Number: 389

Course: 11.30 km

Viertelmarathon

Category:

Männer M45

Total time: 1:09:06

Speed: 9.55 km/h

Running performance: 06:07 min/km

Rank in course/Total: 59 (of 88)

Rank in course/Men: 45 (of 57)

Best time in course: 42:25

Rank in category: 4(of 6)

Best time in the category: 47:42