



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Knödler, Uwe

Club: Zeulenroda

Number: 391

Course: 11.30 km

Viertelmarathon

Category:

Männer M45

Total time: 1:10:27

Speed: 9.37 km/h

Running performance: 06:14 min/km

Rank in course/Total: 63 (of 88)

Rank in course/Men: 47 (of 57)

Best time in course: 42:25

Rank in category: 5(of 6)

Best time in the category: 47:42