



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Henning, Udo

Club: TSV Eisenberg/Abt.Triathlon

Number: 1063

Course: 32.40 km

3/4-Marathon

Category:

Männer M40

Total time: 2:28:59

Speed: 12.89 km/h

Running performance: 04:36 min/km

Rank in course/Total: 2 (of 31)

Rank in course/Men: 2 (of 25)

Best time in course: 2:27:36

Rank in category: 1(of 11)

Best time in the category: 2:28:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:33:44	4:26	1	-	1	-	21.10	1:33:44	4:26	1	-	1	-
Ziel Lauf	11.30	55:15	4:53	2	0:16	4	2:14	32.40	2:28:59	4:35	1	-	2	1:23