



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Schieke, Heiko

Club: ASV Erfurt

Number: 1077

Course: 32.40 km

3/4-Marathon

Category:

Männer M35

Total time: 2:38:20

Speed: 12.28 km/h

Running performance: 04:53 min/km

Rank in course/Total: 5 (of 31)

Rank in course/Men: 5 (of 25)

Best time in course: 2:27:36

Rank in category: 1(of 3)

Best time in the category: 2:38:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:43:02	4:52	1	-	5	9:18	21.10	1:43:02	4:52	1	-	21	9:18
Ziel Lauf	11.30	55:18	4:53	1	-	5	2:17	32.40	2:38:20	4:53	1	-	5	10:44