



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Rose, Mike

Club: Weißend.Weidatalwiesel

Number: 1059

Course: 32.40 km

3/4-Marathon

Category:

Männer M40

Total time: 2:43:42

Speed: 11.88 km/h

Running performance: 05:03 min/km

Rank in course/Total: 6 (of 31)

Rank in course/Men: 6 (of 25)

Best time in course: 2:27:36

Rank in category: 3(of 11)

Best time in the category: 2:28:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:40:48	4:46	2	7:04	3	7:04	21.10	1:40:48	4:46	3	7:04	20	7:04
Ziel Lauf	11.30	1:02:54	5:33	5	7:55	8	9:53	32.40	2:43:42	5:03	3	14:43	6	16:06