



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Heimfeld, Sven

Club: Moll Marzipan GmbH

Number: 1056

Course: 32.40 km

3/4-Marathon

Category:

Männer M40

Total time: 2:52:59

Speed: 11.10 km/h

Running performance: 05:20 min/km

Rank in course/Total: 8 (of 31)

Rank in course/Men: 8 (of 25)

Best time in course: 2:27:36

Rank in category: 5(of 11)

Best time in the category: 2:28:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:51:22	5:16	5	17:38	11	17:38	21.10	1:51:22	5:16	5	17:38	18	17:38
Ziel Lauf	11.30	1:01:37	5:27	3	6:38	6	8:36	32.40	2:52:59	5:20	5	24:00	8	25:23