



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Matthesins, Ronald

Club: Stadtwerke-Eisenach

Number: 193

Course: 42.20 km

Marathon

Category:

Männer M40

Total time: 3:10:29

Speed: 13.29 km/h

Running performance: 04:31 min/km

Rank in course/Total: 1 (of 29)

Rank in course/Men: 1 (of 26)

Best time in course: 3:10:29

Rank in category: 1(of 3)

Best time in the category: 3:10:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:30:55	4:18	1	-	1	-	21.10	1:30:55	4:18	1	-	24	
Ziel Lauf	21.10	1:39:34	4:43	1	-	1	-	42.20	3:10:29	4:30	1	-	1	-