



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Kuhne, Sebastian

Club: Laufftreff Alteburg Arnstadt
Number: 185

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 3:33:50

Speed: 11.78 km/h
Running performance: 05:04 min/km

Rank in course/Total: 3 (of 29)

Rank in course/Men: 3 (of 26)

Best time in course: 3:10:29

Rank in category: 1(of 3)

Best time in the category: 3:33:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:43:18	4:53	1	-	3	12:23	21.10	1:43:18	4:53	1	-	23	2:09
Ziel Lauf	21.10	1:50:32	5:14	1	-	3	10:58	42.20	3:33:50	5:04	1	-	3	23:21