



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Trommer, Marco

Club: Jena

Number: 194

Course: 42.20 km

Marathon

Category:

Männer M30

Total time: 3:49:33

Speed: 10.98 km/h

Running performance: 05:26 min/km

Rank in course/Total: 5 (of 29)

Rank in course/Men: 5 (of 26)

Best time in course: 3:10:29

Rank in category: 2(of 3)

Best time in the category: 3:33:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:51:21	5:16	2	8:03	8	20:26	21.10	1:51:21	5:16	2	8:03	21	10:12
Ziel Lauf	21.10	1:58:12	5:36	2	7:40	6	18:38	42.20	3:49:33	5:26	2	15:43	5	39:04