



# 6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

## Detailed evaluation

**SOFF, ANDREAS**

Club: -

Number: 184

Course: 42.20 km

Marathon

Category:

Männer M45

Total time: 3:55:34

Speed: 10.70 km/h

Running performance: 05:35 min/km

Rank in course/Total: 9 (of 29)

Rank in course/Men: 8 (of 26)

Best time in course: 3:10:29

Rank in category: 2(of 4)

Best time in the category: 3:29:15

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	1:57:39	5:34	3	16:30	10	26:44	21.10	1:57:39	5:34	2	16:30	18	16:30
Ziel Lauf	21.10	1:57:55	5:35	2	9:49	5	18:21	42.20	3:55:34	5:34	2	26:19	8	45:05