



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Schilder, Holger

Club: GMRL
Number: 159

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 4:02:20

Speed: 10.40 km/h
Running performance: 05:44 min/km

Rank in course/Total: 10 (of 29)

Rank in course/Men: 9 (of 26)

Best time in course: 3:10:29

Rank in category: 3(of 4)

Best time in the category: 3:29:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Durchlauf	21.10	1:54:01	5:24	2	12:52	9	23:06	21.10	1:54:01	5:24	3	12:52	17	12:52
Ziel Lauf	21.10	2:08:19	6:04	3	20:13	10	28:45	42.20	4:02:20	5:44	3	33:05	9	51:51