



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Pottgießer, Mario

Club: Moll Marzipan GmbH

Number: 1057

Course: 32.40 km

3/4-Marathon

Category:

Männer M30

Total time: 4:10:31

Speed: 7.66 km/h

Running performance: 07:44 min/km

Rank in course/Total: 26 (of 31)

Rank in course/Men: 21 (of 25)

Best time in course: 2:27:36

Rank in category: 2(of 2)

Best time in the category: 3:17:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	2:35:30	7:22	2	35:58	25	1:01:46	21.10	2:35:30	7:22	2	35:58	5	1:01:46
Ziel Lauf	11.30	1:35:01	8:24	2	16:48	20	42:00	32.40	4:10:31	7:43	2	52:46	21	1:42:55