



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Peñalba, Rafael

Club: team bittel

Number: 168

Course: 42.20 km

Marathon

Category:

Männer M45

Total time: 5:28:18

Speed: 7.68 km/h

Running performance: 07:47 min/km

Rank in course/Total: 24 (of 29)

Rank in course/Men: 21 (of 26)

Best time in course: 3:10:29

Rank in category: 4(of 4)

Best time in the category: 3:29:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	2:28:13	7:01	4	47:04	21	57:18	21.10	2:28:13	7:01	4	47:04	7	47:04
Ziel Lauf	21.10	3:00:05	8:32	4	1:11:59	22	1:20:31	42.20	5:28:18	7:46	4	1:59:03	21	2:17:49