



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Seitz, Bernd

Club: 100 Marathon Club

Number: 175

Course: 42.20 km

Marathon

Category:

Männer M70

Total time: 6:37:00

Speed: 6.35 km/h

Running performance: 09:25 min/km

Rank in course/Total: 29 (of 29)

Rank in course/Men: 26 (of 26)

Best time in course: 3:10:29

Rank in category: 2(of 2)

Best time in the category: 5:31:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Durchlauf	21.10	3:01:35	8:36	2	23:28	26	1:30:40	21.10	3:01:35	8:36	2	23:28	2	1:20:26
Ziel Lauf	21.10	3:35:25	10:12	2	42:31	26	1:55:51	42.20	6:37:00	9:24	2	1:05:59	26	3:26:31