



6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

Detailed evaluation

Fräsdorf, Jens

Club: TSV Zeulenroda

Number: 407

Course: 11.30 km

Viertelmarathon

Category:

Männer M40

Total time: 55:57

Speed: 11.80 km/h

Running performance: 04:57 min/km

Rank in course/Total: 14 (of 88)

Rank in course/Men: 14 (of 57)

Best time in course: 42:25

Rank in category: 2(of 12)

Best time in the category: 50:09