



## 6. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 13.09.2009

### Detailed evaluation

**Lagaude, Bodo**

Club: TSV Zeulenroda

Number: 421

Course: 11.30 km

Viertelmarathon

Category:

Männer M40

Total time: 1:00:26

Speed: 11.22 km/h

Running performance: 05:21 min/km

Rank in course/Total: 26 (of 88)

Rank in course/Men: 24 (of 57)

Best time in course: 42:25

Rank in category: 4(of 12)

Best time in the category: 50:09