



15. Apoldaer MTB-Rennen

Apolda / 13.09.2009

Detailed evaluation

Fricke, Lars Erik

Club: AC Apolda

Number: 27

Course: 72.00 km

Langdistanz

Category:

Herren

Total time: 2:46:20

Speed: 25.97 km/h

Rank in course/Total: 5 (of 39)

Rank in course/Men: 5 (of 39)

Best time in course: 2:35:32

Rank in category: 5(of 28)

Best time in the category: 2:35:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	15.00	34:32	26.06	4	0:04	4	0:04	15.00	34:32	26.06	20		21	
Lap 1	9.00	16:25	32.89	3	0:03	3	0:03	24.00	50:57	28.26	8		14	
Last lap Posten	15.00	39:02	23.06	6	2:34	6	2:34	39.00	1:29:59	26.00	16		20	
Lap 1	9.00	17:30	30.86	5	0:43	5	0:43	48.00	1:47:29	26.79	15		20	3:14
Last lap Posten	15.00	40:29	22.23	5	5:49	5	5:49	63.00	2:27:58	25.55	18		20	
Finish	9.00	18:22	29.40	8	1:50	10	1:50	72.00	2:46:20	25.97	8	1:39:51	8	1:39:51