



2. Bergsträßer Halbmarathon und 10 km Laufen-Walken  
Hirschberg a.d. Bergstraße / 20.09.2009

Detailed evaluation

Dent, Lois

Total time: 1:40:12

Number: 746

Speed: 5.99 km/h

Running performance: 10:01 min/km

Course: 10.00 km

Rank in course/Total: 17 (of 18)

10 km-Lauf

Rank in course/Men: 13 (of 13)

Best time in course: 40:27

Category:

Rank in category: 1(of 1)

Männer M60

Best time in the category: 1:40:12