



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Hillebrand, Lars

Club: Sportfreunde Hadermannsgrün
Number: 89

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:47:17

Speed: 11.74 km/h
Running performance: 5:05 min/km

Rank in course/Total: 108 (of 293)

Rank in course/Men: 102 (of 245)

Best time in course: 1:14:26

Rank in category: 16(of 33)

Best time in the category: 1:23:42