



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Michel, Stefan

Club: IfL Frankenwald
Number: 147

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:47:33

Speed: 11.72 km/h
Running performance: 5:06 min/km

Rank in course/Total: 109 (of 293)

Rank in course/Men: 103 (of 245)

Best time in course: 1:14:26

Rank in category: 20(of 32)

Best time in the category: 1:19:22