



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Hagen, Steffen

Club: Grafengehaig
Number: 74

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:50:00

Speed: 11.45 km/h
Running performance: 5:13 min/km

Rank in course/Total: 123 (of 293)

Rank in course/Men: 116 (of 245)

Best time in course: 1:14:26

Rank in category: 19(of 33)

Best time in the category: 1:23:42