



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

**Pöhlmann, Horst**

Club: IfL Hof  
Number: 166

Course: 21.10 km  
Halbmarathon

Category:  
Männer M55

Total time: 1:51:37

Speed: 11.29 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 135 (of 293)

Rank in course/Men: 127 (of 245)

Best time in course: 1:14:26

Rank in category: 9(of 19)

Best time in the category: 1:33:01