



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Jacob, Markus

Club: VfB Outdoor Rehau
Number: 323

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:51:46

Speed: 11.27 km/h

Running performance: 5:18 min/km

Rank in course/Total: 136 (of 293)

Rank in course/Men: 128 (of 245)

Best time in course: 1:14:26

Rank in category: 29(of 60)

Best time in the category: 1:21:34