



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Thiede, Christian

Club: SG Regnitzlosau
Number: 228

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:51:50

Speed: 11.27 km/h
Running performance: 5:18 min/km

Rank in course/Total: 137 (of 293)

Rank in course/Men: 129 (of 245)

Best time in course: 1:14:26

Rank in category: 23(of 33)

Best time in the category: 1:23:42