



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Dr. Kasper, Christian

Club: Döhlau
Number: 283

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:52:24

Speed: 11.21 km/h
Running performance: 5:20 min/km

Rank in course/Total: 144 (of 293)

Rank in course/Men: 136 (of 245)

Best time in course: 1:14:26

Rank in category: 27(of 49)

Best time in the category: 1:26:04