



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

**Janson, Andreas**

Club: Positiv Fitness  
Number: 319

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 1:52:36

Speed: 11.19 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 145 (of 293)

Rank in course/Men: 137 (of 245)

Best time in course: 1:14:26

Rank in category: 31(of 60)

Best time in the category: 1:21:34