



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Garbe, Rainer

Club: Tauperlitz
Number: 57

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:27:59

Speed: 14.32 km/h
Running performance: 4:10 min/km

Rank in course/Total: 15 (of 293)

Rank in course/Men: 15 (of 245)

Best time in course: 1:14:26

Rank in category: 2(of 49)

Best time in the category: 1:26:04