



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Saalfrank, Jürgen

Club: Hof

Number: 193

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:54:24

Speed: 11.01 km/h

Running performance: 5:25 min/km

Rank in course/Total: 158 (of 293)

Rank in course/Men: 146 (of 245)

Best time in course: 1:14:26

Rank in category: 26(of 33)

Best time in the category: 1:23:42