



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Späth, Wolfgang

Club: Waldershof
Number: 216

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:30:57

Speed: 13.92 km/h
Running performance: 4:19 min/km

Rank in course/Total: 16 (of 293)

Rank in course/Men: 16 (of 245)

Best time in course: 1:14:26

Rank in category: 7(of 60)

Best time in the category: 1:21:34