



2. park&see-Lauf Hof

Hof / 26.09.2009

Detailed evaluation

Kroll, Michael

Club: Sportstudio Haighlight Lichtenfels

Number: 123

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:55:22

Speed: 10.92 km/h

Running performance: 5:28 min/km

Rank in course/Total: 168 (of 293)

Rank in course/Men: 153 (of 245)

Best time in course: 1:14:26

Rank in category: 29(of 49)

Best time in the category: 1:26:04