



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

**Kieß, Mario**

Club: ASV Rehau  
Number: 103

Course: 21.10 km  
Halbmarathon

Category:  
Männer M45

Total time: 1:55:29

Speed: 10.91 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 169 (of 293)

Rank in course/Men: 154 (of 245)

Best time in course: 1:14:26

Rank in category: 30(of 49)

Best time in the category: 1:26:04