



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Sieder, Jürgen

Club: SG Hutschenreuther Selb
Number: 213

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:56:28

Speed: 10.82 km/h
Running performance: 5:31 min/km

Rank in course/Total: 177 (of 293)

Rank in course/Men: 161 (of 245)

Best time in course: 1:14:26

Rank in category: 37(of 60)

Best time in the category: 1:21:34