



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Erfurth, Hans-Jürgen

Club: IfL Naila

Number: 40

Course: 21.10 km

Halbmarathon

Category:

Männer M65

Total time: 1:57:15

Speed: 10.75 km/h

Running performance: 5:34 min/km

Rank in course/Total: 182 (of 293)

Rank in course/Men: 165 (of 245)

Best time in course: 1:14:26

Rank in category: 2(of 3)

Best time in the category: 1:45:17