



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Gulden, Gerd

Club: Fitnesstreff Selb
Number: 70

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:57:59

Speed: 10.73 km/h
Running performance: 5:35 min/km

Rank in course/Total: 186 (of 293)

Rank in course/Men: 169 (of 245)

Best time in course: 1:14:26

Rank in category: 25(of 32)

Best time in the category: 1:19:22