



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Benker, Wolfgang

Club: ASV Rehau
Number: 326

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 1:58:09

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 189 (of 293)

Rank in course/Men: 172 (of 245)

Best time in course: 1:14:26

Rank in category: 12(of 20)

Best time in the category: 1:36:52