



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Seiferth, Judith

Club: TV Münchberg
Number: 321

Course: 21.10 km
Halbmarathon

Category:
Frauen W45

Total time: 1:59:03

Speed: 10.58 km/h
Running performance: 5:38 min/km

Rank in course/Total: 197 (of 293)

Rank in course/Women: 21 (of 48)

Best time in course: 1:33:26

Rank in category: 2(of 6)

Best time in the category: 1:55:08