



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Lauterbach, Lothar

Club: TV Münchberg
Number: 322

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:59:04

Speed: 10.58 km/h
Running performance: 5:38 min/km

Rank in course/Total: 198 (of 293)

Rank in course/Men: 177 (of 245)

Best time in course: 1:14:26

Rank in category: 36(of 49)

Best time in the category: 1:26:04