



2. park&see-Lauf Hof  
Hof / 26.09.2009

## Detailed evaluation

Krug, Dieter

Club: Fitnesstreff Selb  
Number: 124

Course: 21.10 km  
Halbmarathon

Category:  
Männer M40

Total time: 1:59:44

Speed: 10.52 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 201 (of 293)

Rank in course/Men: 180 (of 245)

Best time in course: 1:14:26

Rank in category: 41(of 60)

Best time in the category: 1:21:34