



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Roeder, Alexander

Club: Waldershof
Number: 188

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 2:00:04

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 202 (of 293)

Rank in course/Men: 181 (of 245)

Best time in course: 1:14:26

Rank in category: 26(of 32)

Best time in the category: 1:19:22