



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Kramer, Willi

Club: Hof

Number: 263

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 2:00:06

Speed: 10.49 km/h

Running performance: 5:41 min/km

Rank in course/Total: 203 (of 293)

Rank in course/Men: 182 (of 245)

Best time in course: 1:14:26

Rank in category: 42(of 60)

Best time in the category: 1:21:34