



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Hartwig, Gerhard

Club: Fitnesstreff Selb
Number: 80

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 2:00:15

Speed: 10.48 km/h
Running performance: 5:42 min/km

Rank in course/Total: 204 (of 293)

Rank in course/Men: 183 (of 245)

Best time in course: 1:14:26

Rank in category: 43(of 60)

Best time in the category: 1:21:34