



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Lenk, Christian

Club: IfL Hof
Number: 130

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:32:14

Speed: 13.66 km/h
Running performance: 4:22 min/km

Rank in course/Total: 22 (of 293)

Rank in course/Men: 22 (of 245)

Best time in course: 1:14:26

Rank in category: 6(of 33)

Best time in the category: 1:23:42