



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Engl, Silvia

Club: Schiller-Gymnasium Hof
Number: 39

Course: 21.10 km
Halbmarathon

Category:
Frauen W30

Total time: 1:54:11

Speed: 11.03 km/h
Running performance: 5:25 min/km

Rank in course/Total: 155 (of 293)

Rank in course/Women: 12 (of 48)

Best time in course: 1:33:26

Rank in category: 6(of 11)

Best time in the category: 1:33:26