



2. park&see-Lauf Hof
Hof / 26.09.2009

Detailed evaluation

Rauch, Erhard

Club: Sparkasse Hochfranken
Number: 174

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 2:06:13

Speed: 9.98 km/h
Running performance: 5:59 min/km

Rank in course/Total: 236 (of 293)

Rank in course/Men: 203 (of 245)

Best time in course: 1:14:26

Rank in category: 42(of 49)

Best time in the category: 1:26:04